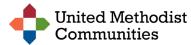
Associate Injury & Workers' Compensation Packet



Rev. June 2024



Form 1 -Return to ARD

ASSOCIATE INJURY INCIDENT REPORT

PMA CLAIM NUMBER: ______ (if known)

Community: Bristol Gle	en Collingswood F	Pitman The Shores	Home Office	Senior Housing	HomeWorks
Associate's Name (First,	MI, Last):				
Associate's Home Addre	ess (Street, City, State,	Zip):			
Associate's Home Phone	2:	Associate's Ce	ll Phone:		
SS#:	DOB:/	/ Male / Fema	le / Other		
Job Title:	Department:	Date of Hir	e:	Shift:	
Status: Full-time / Part-	time / Per diem				
Supervisor's Name:		Wo	rk Phone:		
Other Employment:					
DESCRIPTION OF INCIDE	ENT (Completed by as	sociate unless physic	ally unable):		
Date of Incident:	Time of Inc	cident: AM / PN	/I Date Repor	ted:	
Associate's statement o	f what happened:				
Witness(s)? YES / NO (If	YES, Name)				
Description of Injury:					
Equipment, Material, Su					
Prior Injury or Pre-existing	ng Condition? YES / N	O (If YES, describe)			
□ । <u>will accept</u> a medi	cal evaluation and wi	ll attend all scheduled	d appointments	. I have been give	n a copy of the
UMC Workers' Compens	sation Guidelines, and	I understand my resp	onsibilities.		
□ I <u>do not</u> want a mee	dical evaluation at thi	is time. I have been gi	ven a copy of t	he UMC Workers'	Compensation
Guidelines, and I unders	tand my responsibiliti	es.			
Accesiate Signatures			Data		
Associate Signature:			Dale:		
Report Completed By:(Pr	int Name)		Title:		
Signature:			Date:		



Form 2 – Copy to ARD, & Associate gives to all medical providers

WORKERS' COMPENSATION IDENTIFICATION FORM (Provide to medical provider.)

Referral to (name of medical provio	der):	
PMA Claim Number (if known):		
Name of Injured Associate:		Date of Birth:
Date of Injury:	Time of Injury:	
Injured body part(s):		
How did injury occur?		

Please attach a copy of the injured associate's job description and bring to healthcare provider.

United Methodist Communities will work to accommodate all physical ability levels and limitations of its associates.

Please specify the associate's physical limitations. UMC will accommodate your restrictions (e.g., lifting restrictions, sedentary only, no bending, specified rests, etc.).

If the associate does not require bed rest, please assign physical limitations. We at UMC will monitor the associate's tolerance and wellness at frequent intervals.

Medical invoices should be sent to:

PMA Customer Service Center P.O. Box 5231 Janesville, WI 53547-5231

UMC Authorizing Staff

Date

This is not a guarantee of eligibility for Workers' Compensation Benefits.



UNITED METHODIST COMMUNITIES

LIST OF MEDICAL PROVIDERS FOR INJURED ASSOCIATES (IMMEDIATE CARE)

UMC FULL SERVICE COMMUNITIES			
UMC Community	Occupational Health	Emergency Care	
	(Non-Emergency Care)		
UMC at Bristol Glen	Newton Urgent Care	Newton Medical Center - ER	
200 Bristol Glen Dr.	181 High St.	175 High St.	
Newton, NJ 07860	Newton, NJ 07860	Newton, NJ 07860	
Attn: Jennifer Tedora,	P: (973) 383-9898	P: (973) 383-2121	
ARD	F: (973) 383-9665*		
	* Fax associate information to		
D. (072) 200 E788	NUC before arrival of associate.		
P: (973) 300-5788	Every day: 9a – 9p		
UMC at Collingswood	Inspira Urgent Care	Our Lady of Lourdes	
460 Haddon Ave.	Laurel Springs	Medical Center – ER	
Collingswood, NJ 08108	1238 Chews Landing Road,	1600 Haddon Ave.	
Attn: O'Neida Stevenson,	Clementon, NJ 08021	Camden, NJ 08103	
ARD	P: (856) 545-9500	P: (856) 757-3500	
	F: (856) 497-5207		
P: (856) 854-4331	Every day: 8a – 8p		
UMC at Pitman	Inspira Health Center Glassboro	Jefferson Washington Township	
535 N. Oak Ave.	200 Rowan Blvd.	Hospital- ER 435 Hurffville-Cross Keys Road	
Pitman, NJ 08071	Glassboro, NJ 08028 P: (856) 582-1500	Turnersville, NJ 08012	
Attn: Christine King, ARD	F: (856) 582-1500	P: (856) 582-2500	
	* Free parking on Mick Drive	P. (850) 582-2500	
P: (856) 589-7800	Every day: 8a – 8p		
UMC at The Shores	AtlantiCare Occupational Health	Shore Medical Center – ER	
2201 Bay Ave.	– Egg Harbor Township	100 Medical Center Way	
Ocean City, NJ 08071	2500 English Creek Ave, #908,	Somers Point, NJ 08244	
Attn: Theresa Semon,	Egg Harbor Township, NJ 08234	P: (609) 653-3500	
ARD	P: (609) 677-7200		
	F: (609) 677-7201		
P: (609) 399-8505	M-F: 8a – 4:30p		
UMC HOME OFFICE			
UMC Community	Occupational Health	Emergency Care	
	(Non-Emergency Care)		
UMC Home Office	Meridian Occ. Health – Neptune	Jersey Shore University	
205 Jumping Brook Rd.	2441 Route 33 Suite A	Medical Center - ER	
Neptune, NJ 07753 Attn: Marlene Baldinger,	Neptune, NJ 07753	1945 Route 33	
UMC Risk Manager	P: (732) 776-4251	Neptune, NJ 07753	
P: (973) 527-1380	F: (732) 776-4210	P: (732) 775-5500	
1.(3/3)327 1300	М-F: 7:30а – 4р		



UNITED METHODIST COMMUNITIES

LIST OF MEDICAL PROVIDERS FOR INJURED ASSOCIATES (IMMEDIATE CARE)

UMC SENIOR HOUSING			
UMC Community	Occupational Health	Emergency Care	
	(Non-Emergency Care)		
UMC at Bishop Taylor	Concentra at Newark	East Orange General Hospital – ER	
33 N. Walnut St.	375 McCarter Hwy.	300 Central Ave.	
East Orange, NJ 07017	Newark, NJ 07102	East Orange, NJ 07018	
Attn: Tanya Sweet-	P: (973) 643-8601	P: (973) 672-8400	
Preston, HA	F: (973) 643-8609		
	M-F: 7a — 7p		
P: (973) 676-9057			
UMC at Covenant Place	Concentra at South Plainfield	JFK Medical Center - ER	
623 E. Front St.	116 Corporate Blvd., Ste. E	65 James St.	
Plainfield, NJ 07060	South Plainfield, NJ 07080	Edison, NJ 08820	
Attn: Tammie Forbes, HA	P: (908) 757-1424	P: (732) 321-7000	
	F: (908) 757-5678		
P: (908) 791-9430	M-F: 8a – 5p		
UMC at PineRidge of	Concentra at Newark	Hackensack Meridian Health	
Montclair	375 McCarter Hwy.	Mountainside Medical Center – ER	
60 Glenridge Ave.	Newark, NJ 07102	1 Bay St.	
Montclair, NJ 07042	P: (973) 643-8601	Montclair, NJ 07042	
Attn: Dominique Phillips,	F: (973) 643-8609	P: (973) 429-6000	
HA	М-F: 7а – 7р		
P: (973) 746-0003			
UMC at The Wesleyan	Meridian Occupational Health –	Riverview Medical Center - ER	
9 Wall St.	Eatontown	1 Riverview Plaza	
Red Bank, NJ 07701	2-12 Corbett Way, Ste. 101	Red Bank, NJ 07701	
Attn: India Santos, HA	Eatontown, NJ 07724	P: 732-741-2700	
	P: (732) 263-7950		
	F: (732) 263-7946		
P: (732) 936-0760	M-F: 8:30 - 5		
UMC at Wesley by the Bay	AtlantiCare Occupational Health	Shore Medical Center – ER	
2401 Bay Ave., Ste. 2	– Egg Harbor Township	100 Medical Center Way	
Ocean City, NJ 08226	2500 English Creek Ave, #908,	Somers Point, NJ 08244	
Attn: Kathy Speer, HA	Egg Harbor Township, NJ 08234	P: (609) 653-3500	
	P: (609) 677-7200		
	F: (609) 677-7201		
P: (609) 399-6701	M-F: 8a – 4:30p		

Form 3

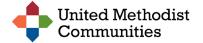


UNITED METHODIST COMMUNITIES

LIST OF MEDICAL PROVIDERS FOR INJURED ASSOCIATES (IMMEDIATE CARE)

UMC HOMEWORKS			
UMC Community	Occupational Health	Emergency Care	
	(Non-Emergency Care)		
HomeWorks – Bristol Glen	Newton Urgent Care	Newton Medical Center - ER	
	181 High St.	175 High St.	
ATTN: Marlene Baldinger,	Newton, NJ 07860	Newton, NJ 07860	
UMC Risk Manager	P: (973) 383-9898	P: (973) 383-2121	
P: (973) 527-1380	F: (973) 383-9665*		
	* Fax associate information to		
	NUC before arrival of associate.		
	Every day: 9a – 9p		
HomeWorks –	Inspira Urgent Care	Our Lady of Lourdes	
Collingswood	Laurel Springs	Medical Center – ER	
	1238 Chews Landing Road,	1600 Haddon Ave.	
ATTN: Marlene Baldinger,	Clementon, NJ 08021	Camden, NJ 08103	
UMC Risk Manager	P: (856) 545-9500	P: (856) 757-3500	
P: (973) 527-1380	F: (856) 497-5207		
	Every day: 8a – 8p		
HomeWorks – The Shores	AtlantiCare Occupational Health	Shore Medical Center – ER	
	– Egg Harbor Township	100 Medical Center Way	
ATTN: Marlene Baldinger,	2500 English Creek Ave, #908,	Somers Point, NJ 08244	
UMC Risk Manager	Egg Harbor Township, NJ 08234	P: (609) 653-3500	
P: (973) 527-1380	P: (609) 677-7200		
	F: (609) 677-7201		
	M-F: 8a – 4:30p		

Form 3



Form 4 – Copy to ARD & Associate

WORKERS' COMPENSATION GUIDELINES

Injured Associate Name:	Associate DOB:
Date of Injury:	PMA Claim Number (if known):

1. An injured associate must immediately report the workplace injury to one's supervisor or the Associate Resource Director (ARD).

2. The ARD or supervisor will discuss the incident with the associate and then complete the "Associate Injury Incident Report" (within this packet).

3. If the associate wants medical care, the ARD or supervisor will schedule an appointment for medical treatment.

4. The associate must provide the healthcare provider with the "Workers' Compensation Identification Form" and the "Medical Records Release Authorization" (both within this packet). The ARD or supervisor provides these forms to the associate to complete and provide to the medical provider.

3. The authorized treating physician, in conjunction with the UMC Corporate Director of Compliance & Risk Management and the workers' compensation insurance carrier will manage the associate's medical care. <u>The authorized treating physician</u>, <u>UMC Corporate Director of Compliance & Risk Management</u>, and the workers' compensation insurance carrier are the only ones authorized to direct the associate for care, determine work status, make a specialty referral, and authorize lost time.

4. New Jersey workers' compensation law states that the workers' compensation insurance carrier does not have to pay for unauthorized medical treatment. <u>Accordingly, the associate may be financially responsible for the cost of any unauthorized medical treatment, tests, or procedures.</u> Please be sure to have authorization for all treatment.

5. It is the associate's responsibility to review with the physician the completed and signed work status note prior to leaving the treating facility and to provide the note to the ARD after each visit. It is also the associate's responsibility to notify the ARD of scheduled follow up appointments, treatment plans, and progress. The workers' compensation insurance carrier will also keep in contact with the physician to be sure the associate is receiving all required medical services.

6. If the associate is absent more than seven (7) consecutive days due to an employment related injury, a claims representative from the workers' compensation insurance carrier will contact the associate. If the absence is authorized, the associate will no longer receive a regular UMC paycheck, but will receive a check issued by the insurance carrier every other week. This process will be delayed when the insurance carrier is lacking any medical or non-medical information needed to complete their compensability determination process.

7. The associate will be paid 70% of their gross wages up to the maximum State Workers' Compensation rate.

8. If workers' compensation insurance carrier denies the associate's claim, the associate may be entitled to collect NJ State Temporary Disability Insurance for that period of time out of work. The required form may be obtained from the ARD. A copy of the Letter of Denial from the workers' compensation insurance carrier should be attached to that form when filing for NJ State Temporary Disability.

9. When the associate is released by the authorized treating physician to return to work, the associate may return in a temporary modified-duty position until able to return to full-duty.

10. If the associate has any questions concerning medical treatment or the claim, the associate should contact the ARD or the UMC Corporate Director of Compliance & Risk Management.

11. "Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties" - New Jersey Fraud Statement 17:33A-C



Form 5 – Copy to ARD, & Associate Gives to all medical providers.

MEDICAL RECORDS RELEASE AUTHORIZATION

To evaluate your claim for the receipt of workers' compensation benefits, you (the injured worker) must sign the following authorization. Please note that the amount and type of medical information sought pursuant to this authorization will depend upon the nature of the claim. The information you provide will be used solely to facilitate determining the validity of the claim, the payment of benefits, or the administration of the insurance program under which the claim has been made.

Your acceptance of workers' compensation benefits will be considered an acceptance of the terms in this medical authorization, unless you indicate to the contrary in writing. <u>Your decision not to authorize the release of any of the information described in this document does not eliminate any right that PMA or any other entity may have, under state and federal law, to obtain or disclose the information without an authorization.</u>

The authorization is subject to your revocation at any time except to the extent that any party has already acted in reliance upon it. Any revocation must be submitted in writing to The PMA Insurance Group, P.O. Box 25250, Lehigh Valley, Pennsylvania, 18002, otherwise this authorization will continue to be valid.

Authorization to Release Medical Information

I hereby authorize any employer, insurance company, government agency, medical prepayment plan, or service organization, and any physician, surgeon, therapist, pharmacist, or other duly licensed practitioner of the healing arts, and any hospital, including the Veteran's Administration, or medical transportation company, to release to any of the PMA Insurance Group of Companies (including the PMA Insurance Company and PMA Management Corporation), and their subsidiaries, affiliates, representatives and agents (collectively, PMA), any and all applicable medical records, medical information and benefit payment information with respect to any illness, injury, medical history, consultations, prescriptions, treatment or benefits, and copies of all applicable records thereof, which may be appropriate or necessary to establish the validity of this claim. This authorization shall specifically include but shall not be limited to medical records, medical information and benefit payment information pertaining or relating to the treatment of AIDS, HIV, mental illness, and drug or alcohol related medical problems.

I authorize PMA, my employer, and their representatives and agents to communicate directly both orally and in writing with all treating physicians or medical providers of any kind regarding all facts and opinions relevant to my workers' compensation claim. I authorize any treating physician or other medical provider to communicate directly both orally and in writing with PMA, my Employer, and their representatives and agents, concerning all aspects of my treatment for the illness or injury for which I am receiving or seeking benefits.

I also authorize the Social Security Administration to release to PMA information concerning entitlement dates and benefit amounts for myself.

I further authorize PMA to release any such medical information to its reinsurers, attorneys or to medical peer review panels, state insurance or fraud agencies, managed care vendors, industry anti-fraud or law enforcement organizations, research and statistical reporting organizations, or my employer and its excess insurer, to the extent that PMA considers doing so to be reasonably appropriate or necessary for purposes of its administration of the claim or the insurance program under which the claim has been made. I understand the information released to PMA as a result of this authorization may no longer be subject to certain protections provided under the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

Unless revoked earlier by me in writing, this authorization shall be valid for twenty-four (24) months from the date listed below. A copy of this authorization is to be considered as valid as the original.

Employee Name:		Employee DOB:	
Employee Signature:		Date:	
Employer:	Date of Injury:	PMA Claim Number (if known):	





WORKPLACE INJURY PRESCRIPTION INFORMATION

Employer:

Please fill out the employee information below and provide the employee with this document to take to any pharmacy for their workplace injury prescriptions.

Employee:

PMA Companies has partnered with **Cadence Rx** to make filling workers' compensation prescriptions easy. Medications may be subject to formulary and pre-authorization requirements. Please take this letter and your prescription(s) to a pharmacy near you.

Cadence Rx has a network of over 72,000 pharmacies nationwide. To locate a network pharmacy near you, please use the pharmacy locator at <u>https://cadencerx.com/find-a-pharmacy/</u> or call Cadence Rx toll-free at 1-888-813-0023.

This document serves as a temporary prescription card. A permanent prescription card specific to your work-related injury or illness will be forwarded directly to you if your claim is deemed compensable for pharmacy benefits.

IF YOU HAVE QUESTIONS OR NEED ASSISTANCE AT THE PHARMACY, PLEASE CALL 888-813-0023

Pharmacist:

Please obtain the below information from the injured employee to process prescriptions for the workplace injury only. Please do not send the patient home or have the patient pay for medication(s) before calling Cadence Rx for assistance.

Note: Certain medications are pre-approved for this patient; these medications will process without an authorization. All others will require prior approval.

Prescription Drug ID Card		Pharmacy Information
CADENCE R PEER TO PEER PRESCRIPTION PLATFORM	***** * PMACare+ *****	This form allows you to fill your initial prescriptions with a maximum cost of \$500 per medication and no more than a 14-
Employee Name:		day supply per prescription. Pharmacy, if you need assistance processing this claim, please call 1-888-813-0023.
Member ID Number*	*Refer to Member ID Format	The pharmacy benefit card is only to be used for medications prescribed for your work-related injury. By using this card, you acknowledge and accept financial responsibility for any prescriptions billed under this card that are later found to be
Date of Injury:		unrelated to your injury.
Group Number:	PMACRX	Member ID format: The ID must start with FF followed by
PCN Number:	CRX	the last 4 digits of the social security number plus 8- digit
BIN Number:	021460	DOI (MMDDYYYY). Example: FF999901012018
Card Created	On://	i





Participating Pharmacies:

Below are some of the major pharmacy chains Cadence Rx partners with:

Acme Pharmacy	Hannaford	Rite Aid
Albertson's	Harris Teeter	Safeway
Aurora Pharmacy	HEB Grocery	Sam's Club
Bartell Drugs	HY-VEE Pharmacy	Sav Mor Drug Stores
BigY	Ingles Markets	Save Mart
Bi-Lo	King Sooper's Pharmacy	Shaw's
Bi-Mart	Kinney Drugs	Shoprite
Brooks	Kroger Pharmacy	Smith's Food and Drug Center
Brookshire Brothers	Kmart Pharmacy	Snyder
Brookshire Grocery	Leader Drug Stores	Stop and Shop Pharmacy
Carrs	Longs Drug Store	SuperValu Pharmacy
Costco	Marsh Drugs	Target Pharmacy
CVS	Medicap	Thrifty Drugs
Dillons	Medicine Shoppe	Tom Thumb
Discount Drug Mart	Meijer Pharmacy	Tops
Eckerd Drug	New Albertson's	United Pharmacy
EPIC Pharmacy	Osco	Vons
Food City	Price Chopper	Walgreens
Food Lion	Publix	Walmart
Fred Meyer	Raley's Drug Center	Wegmans
Fry's Food and Drug	Ralphs	Weis
Giant Eagle	Randalls	Winn Dixie